

Equipment needed:

Session Planner

Date:

Venue:

Session no.

No of players:

<u>Warm up</u>	<u>What do I want my players to know?</u>
<u>Main Content</u>	<u>Key teaching points</u>
	<u>What to Observe</u>
<u>Cool Down</u>	<u>Session Evaluation</u>